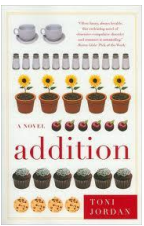


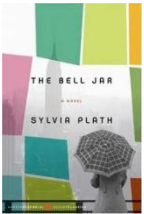
Aspects of Mental Illness



ADDITION | Toni Jordan

FIC

After falling for Irish transplant Seamus O'Reilly, thirty-five year old Australian Grace Vandenburg seeks treatment for the Obsessive Compulsive Disorder ruling her life. But what happens when the medication that helps lessen Grace's counting compulsion also erodes her lively and unique personality? Can there be a happy medium between her OCD and the person she wants to be?



THE BELL JAR | Sylvia Plath

FIC, CD

Plath's autobiographical novel details Esther Greenwood's harrowing spiral into depression as she faces the challenges of work, school and finding her place in the world. Her suicide attempt prompts psychiatric treatments with various levels of success. In the end she holds a tenuous grip on her sanity, knowing that her illness might return at any time.



THE BIRD HOUSE | Kelly Simmons

FIC

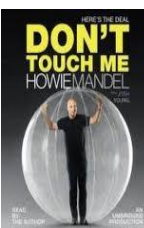
Ann Biddle, suffering with dementia, shifts between past and present as she tries to come to terms with her daughter's death, her troubled marriage and the man who always loved her. Simultaneously fighting her disease and overprotective daughter-in-law, she struggles to forge a relationship with her granddaughter while she still has time.



GIRL, INTERRUPTED | Susanna Kaysen

B, DVD

In 1967 18 year old Susanna Kaysen was sent to a Boston psychiatric hospital for nearly two years. Her memoir offers unflinching observations about her time in the hospital, the patients she meets and her own perceptions of her illness.

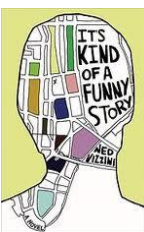


HERE'S THE DEAL DON'T TOUCH ME |

Howie Mandel

B

Howie Mandel's struggle with Obsessive Compulsive Disorder and ADHD not only impacted his life but molded his lengthy entertainment career. He reveals through humorous anecdotes how his neuroses and fears have become part of his comedy act. Alternately touching and hilarious, Mandel shows how he draws comic inspiration from his darkest places.



IT'S KIND OF A FUNNY STORY | Ned Vizzini

FIC, DVD

When 15-year old Craig Gilner is accepted into a prestigious Manhattan high school, the ensuing competition and academic demands overwhelm him. Depressed and suicidal, Craig checks in to a psychiatric hospital-taking the only bed available- in the adult ward. The events of the next five days, told with self-deprecating humor and sincerity, lead Craig to recognize and accept himself.



MANIC: A Memoir | Terri Cheney

B

Terri Cheney recounts her experience with bipolar disorder while working as a successful entertainment lawyer in Beverly Hills. From glamorous parties to spending a night in jail, Cheney's life was a roller coaster of highs and lows, manic excitement and debilitating depressions. With prose that reflects her turbulent life, Cheney exposes the effects of bipolar disorder on her life.

Aspects of Mental Illness



THE PLEASURE OF MY COMPANY | Steve Martin

FIC

Daniel has many quirks and obsessions- counting ceiling tiles, measuring the wattage of his light bulbs, crossing the street at certain spots- that consume his life. But life opens up and changes Daniel when social work intern, Clarissa, and her son move in to his home, his beloved grandmother dies and he wins an unusual contest.



RADIANT DAUGHTER | Patricia Grossman

FIC

In 1969 Czech immigrant Irena's hopeful plans for her Princeton bound daughter become derailed by Elise's mental illness. Through 30 years of bipolar cycles, Irena tenaciously tries to help her daughter. But at what point does help turn into harm for both of them?



STILL ALICE | Lisa Genova

FIC, CD

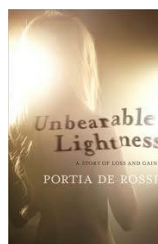
Alice Howland is a celebrated Harvard professor at the top of her career when she receives the unbelievable diagnosis that at 50, she has early onset Alzheimer's disease. As Alice loses more and more of herself to the disease, her husband and children also lose the wife and mother they knew and loved.



TURN OF MIND | Alice LaPlante

FIC

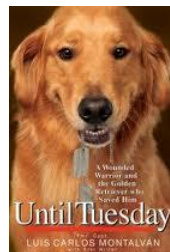
Jennifer and Amanda have at turns been friends and adversaries throughout their lives. When Amanda is murdered, suspicion falls on Jennifer. A retired surgeon with dementia, Jennifer doesn't know if she's guilty or not. Is her mental deterioration preventing her from revealing the truth or is it allowing her to hide it?



UNBEARABLE LIGHTNESS | Portia De Rossi

B

After starring in hit TV shows and venturing into films, Portia de Rossi seemed to have everything that Hollywood required to succeed. But beneath the beautiful façade she struggled desperately with anorexia, bulimia and the secret of her sexuality.



UNTIL TUESDAY: A WOUNDED WARRIOR AND THE GOLDEN RETRIEVER WHO

SAVED HIM | Luis Carlos Montalvan

B

Ten years in the National Guard and two tours in Iraq left Montalvan disillusioned with war and suffering from Post Traumatic Stress Disorder. Paired with service dog, Tuesday, Montalvan strives to fight the ignorance that causes discrimination against service dogs. He champions those with disabilities hoping to change things for the better.

