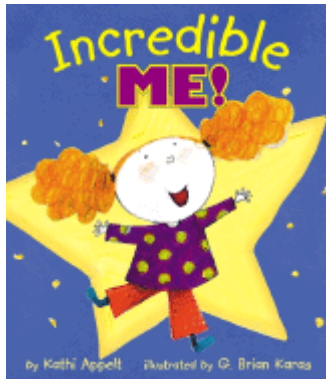
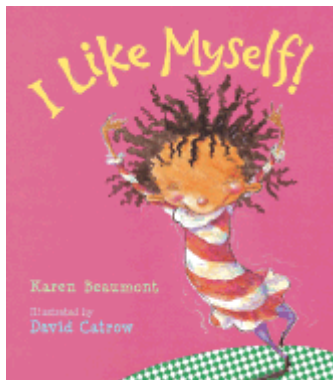


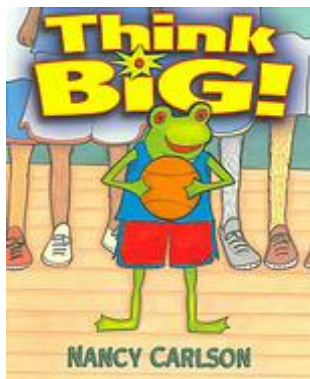
## I Like Me: Picture Books that Build Self-Esteem and Self-Confidence



Appelt, Kathi. *Incredible Me!* 2003. E Appe.  
A girl celebrates her own individuality, from her freckles to her wiggles.



Beaumont, Karen. *I Like Myself!* 2004. E Beau.  
In rhyming text, a little girl expresses confidence and joy in her uniqueness, no matter her outward appearance.

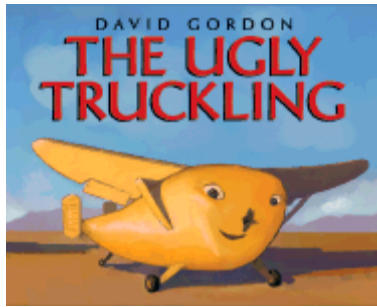


Carlson, Nancy. *Think Big!* 2005. E Carl  
Vinney is frustrated about being one of the smallest children at school, but when he takes his mother's advice and thinks big for a day, he discovers there are advantages to being small.



Curtis, Jamie Lee. *I'm Gonna Like Me: Letting Off a Little Self-Esteem.* 2002. E Curt.

A young girl learns to like herself every single day, no matter what.



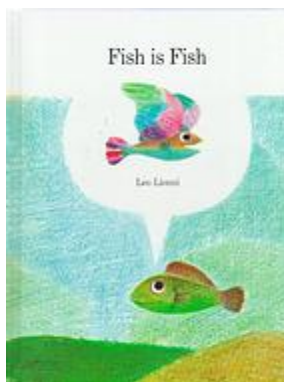
Gordon, David. *The Ugly Truckling*. 2004. E Davi.  
Teased by her brothers and sisters for being different, an ugly truckling fears that she will never be a good truck, and sets out into the world to discover what she might be.



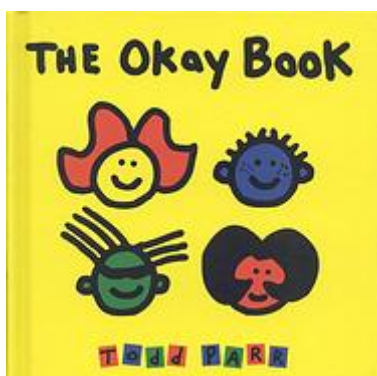
Jabar, Cynthia. *Wow! It Sure is Good to be You!* 2006. E Jaba.  
A young girl learns that she is loved and appreciated for being a very special person.



Latifah, Queen. *Queen of the Scene*. 2006. E Lati.  
A self-confident young African-American girl explains why she is “queen of the scene” at the playground.



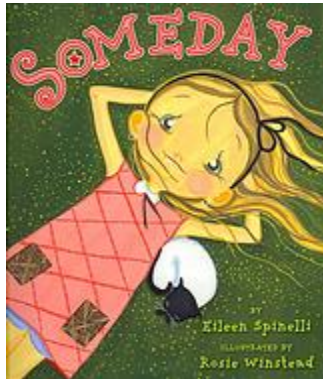
Lionni, Leo. *Fish is Fish*. 1970. E Lion.  
When his friend, the tadpole, becomes a frog and leaves the pond to explore the world, the little fish decides that maybe he doesn't have to remain in the pond either. A fable about a fish who learns from a frog how to be happy just being himself.



Parr, Todd. *The Okay Book*. 1999. E Parr.  
In illustrations and brief text, we learn it is okay to be difference things , such as “It’s okay to be short” and “It’s okay to dream big.”



Rosenthal, Amy Krouse. *The OK Book*. 2007. E Rose.  
A character enumerates a great many things that it enjoys doing, although not great at any of them, knowing that someday it will excel at something.



Spinelli, Eileen. *Someday*. 2007. E Spin.  
A young girl contrasts the exciting things she might someday do, like digging for dinosaur bones and swimming with dolphins, with her present-day activities of finding loose change between sofa cushions and feeding her goldfish.

Compiled by Nicki Politi Dec. 2008