

**Ocean County**  
**Women's**  
**Organizations &**  
**Community**  
**Services**

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COMMUNITY RESOURCES**

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**AAUW, American Association of University Women,**

AAUW promotes equity, education, intellectual growth, individual worth and development of opportunities for women and girls. In addition to supporting the national AAUW Educational Foundation and Legal Advocacy Fund, they annually give Scholarships to Ocean County woman returning to college and, in conjunction with the Ocean County Girl Scouts, hold workshops for young girls on bullying, peer pressure, etc.

Website: [www.aauwnj.org](http://www.aauwnj.org) (New Jersey), [www.aauw.org](http://www.aauw.org) (National)

**Barnegat Light Area Chapter**

Barnegat Light Area Chapter President: Marie Sweeney  
Address: 1906 West Bay Terrace, Ship Bottom, NJ 08008  
Telephone: 609-494-1875  
Email: [marieg04@comcast.net](mailto:marieg04@comcast.net)

**Northern Ocean County Branch**

President: Marie Hagemann  
Address: 1617 Northstream Parkway, Point Pleasant, NJ 08742  
Telephone: 732-295-1439

**Alpha Delta Kappa-New Jersey**

Alpha Delta Kappa is an international honorary organization of women educators dedicated to educational excellence, altruism, scholarships and worldwide understanding.

Website: [www.alphadeltakappa.org](http://www.alphadeltakappa.org)

**New Jersey Chapter**

President: Pamela Helman  
Address: 11 Rochford Drive, Manchester, NJ 08759  
Telephone: 732-833-4600

**Alpha Delta Chapter**

President: Marilyn Culp  
Address: 144 Crestwood Avenue, Nutley NJ 07110  
Telephone: 973-235-0615

**Alpha Zeta Chapter**

President: Andrea DeJohn  
Address: 1164 Tiffany Lane, Lakewood, NJ 08701

**Lambda Chapter**

President: JoAnn Meinhart  
Address: 1610 Marco Island Drive, Toms River, NJ 08753

**Sigma Chapter**

Presidents: Joan Cantagallo and Patricia Lindahl  
Address: lanes Mill School, 1891 Lanes Mill Road, Brick, NJ 08724

### **American Legion Auxiliary Unit 232**

Women's unit. Fund raisers and scholarships to help veterans.

President: Lynda M Stadler  
Secretary/Treasurer: Lucille M. Miller  
Address: 1540 Kuser Road, STE A-8, Hamilton, NJ 08619  
Telephone: 609-581-9580  
Fax: 609-581-8429  
Email: [lstadtler@hotmail.com](mailto:lstadtler@hotmail.com)

### **Atlantic Hills Women's Club**

Each month features activities for the enjoyment of the members. Meets the 2nd Tuesday of every month at 2:00 at the Clubhouse of the Atlantic Hills Adult Community.

President: Peggy Keane  
Address: 34 Highland Drive, Manahawkin, NJ 08050  
Telephone: 609-660-9499 or 609-607-1091

### **Beachwood Senior Women**

To promote Social, Intellectual and Recreational benefits for all participants. Lend their assistance to members in any equitable and desirable manner and to volunteer for humanitarian purposes, within their capabilities, to the Community of Beachwood. Our motto is "Seniors on the Move". Examples of some of our activities include exercise classes, lunch on special occasions, speakers, entertainment, Spring dance, auction, chili feast, card playing, bingo, and Christmas dinner. Meetings held on Wednesday 12:00-4:00 pm., Bingo Every Other Wednesday at the Beachwood Community Center-147 Compass Avenue, Beachwood.

President: Geri Mancini  
Address: 16 Beach Avenue, Beachwood, NJ 08722  
Telephone: 732-818-0912  
Website: [www.beachwoodusa.com/seniorscorner/index.html](http://www.beachwoodusa.com/seniorscorner/index.html)

### **Brandeis Women (BUNWC): The Harmony Chapter of Brandeis Women**

Founded in 1948, the same year as Brandeis University, the National Women's Committee (BUNWC) provides financial support for Brandeis and its Libraries. The National Women's Committee is the largest friends-of-a-library group in the world with 43,000 members nationwide. A volunteer fundraising organization, BUNWC has contributed over \$90 million to Brandeis University, while utilizing the resources of the University to provide unique education programs for its members.

The funds provided by BUNWC support the development and expansion of Brandeis's Libraries, which includes the acquisition of books and research journals, restoration and preservation, development of information technology, and student work assistance. Most recently, BUNWC raised \$2.5 million to endow a chair for a University Librarian and expanded its mission to provide scholarships for Brandeis students.

## OCEAN COUNTY WOMEN'S ORGANIZATIONS & COMMUNITY RESOURCES

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Co-Presidents: Beverly Grush and Ilene Garlock  
Email: [pashkin@optonline.net](mailto:pashkin@optonline.net)

### **Business and Professional Women - Southern Ocean County Chapter**

Chartered in 1919, BPW/NJ is a statewide organization presiding over multi-regional local organizations. The ultimate goal for BPW/NJ is equality for all women in areas of pay, opportunity, growth, health and well-being. Membership is open to all individuals who support the vision and mission of BPW/NJ. Meetings held 2nd Tuesday of each month @ Charlie Brown's in Forked River, Rt.9.

President: Carol Lieber  
Address: 259 Serpent Lane, Manahawkin, NJ 08050  
Telephone: 609-489-0564  
Email: [mopmopl@aol.com](mailto:mopmopl@aol.com)  
Website: [www.bpwnj.org](http://www.bpwnj.org)

### **Center for Women's Health**

The Center for Women's Health was created by women for women to address the myriad health issues women encounter throughout every passage of life. Provide a complete range of educational, preventive, and support services for women of all ages.

Address: 951 Lakehurst Road, Toms River, NJ 08755  
Telephone: 609-971-6100  
Website:  
[www.sbhcs.com/hospitals/community\\_medical/services/womenshealth.html](http://www.sbhcs.com/hospitals/community_medical/services/womenshealth.html)

### **CHS Child Care**

Accredited child care resources and referral agency

Address: 761 River Avenue, Suite B, Lakewood, NJ 08701  
Telephone: 732-905-6363 or 609-695-6274

### **Daughters of the American Revolution – Great John Mathis Chapter**

The DAR is a patriotic, non-profit organization supporting heritage, history, American Indians, conservation, national defense, elementary and high school contests, plus much more. Meeting: Third Tuesday of each month. The Public is welcome at all meetings.

Regent: Margo Murphy, Great John Mathis Chapter, NSDAR  
Address: 208 Rahway Road, Barnegat, NJ 08005  
Telephone: 609-660-1052

### **Family Planning Center of Ocean County**

Information available on birth control.

President: Tay Walker  
Address: 290 River Avenue, Lakewood, NJ 08701  
Telephone: 732-364-9696

Fax: 732-364-2225

Website: [www.familyplanningoceanco.org](http://www.familyplanningoceanco.org)

### **Georgian Court University, Women's Studies Program**

Women's Studies at Georgian Court University is an interdisciplinary program that examines the history and current status of women in society. We seek to understand how women impact upon and are impacted by society as well as legal, political, business, medical, and educational institutions.

Director of the Women's Studies Program: Theresa J. Brown, Ph.D.,

Professor of Psychology

Address: 900 Lakewood Avenue, Lakewood, NJ, 08701

Telephone: 732-987-2642

Fax: 732-987-2024

Email: [brownt@georgian.edu](mailto:brownt@georgian.edu)

Website: [www.georgian.edu](http://www.georgian.edu)

### **Girl Scouts of the Jersey Shore (previously Girl Scouts of Ocean County)**

The Girl Scouts of Ocean County serves over 5,800 girls through the dedicated service of almost 2,300 adult volunteers. The council operates under a charter from Girl Scouts of the U.S.A. to provide the Girl Scout program to girls and young women ages 5-17 in Ocean County, New Jersey.

Chief Operating Officer: Richard Renzulli

Address: 1405 Old Freehold Road, Toms River, NJ 08753-2729

Telephone: 1-800-785-2090 or 732-349-4499

Fax: 732-349-4690

Email: [rrenzulli@girlscoutsjs.org](mailto:rrenzulli@girlscoutsjs.org)

Website: [www.girlscoutsjs.org](http://www.girlscoutsjs.org)

### **Grace Initiatives, Inc.**

Our mission is to empower expectant young mothers to prepare for their future and their child's future by providing shelter, counseling and life skills training; and to provide training for others seeking to provide similar services.

Executive Director: Rhonda Tomko

Address: 308 South Main Street, Forked River, NJ 08731

Telephone: 1-877-50-GRACE

Fax: 609-242-0131

Email: [info@graceinitiatives.org](mailto:info@graceinitiatives.org)

Website: [www.graceplace.info](http://www.graceplace.info)

### **Great Bay Women's Club**

The club is open to women interested in friendship, unity, and service. The group raises funds for local scholarships and organizations.

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President: Maureen Schmolz, 609-927-4651 (home), 609-709-6046 (cell)  
Address: P.O. Box 1420, Little Egg Harbor, NJ 08087

**Healthy Families**

Parenting and Child Development Education opportunities for expectant or first time moms and teen parents in Lakewood.

Coordinator: M. Estle Ferrari  
Address: 100 Linden Avenue, Lakewood, NJ 08701  
Telephone: 732-886-3764  
Fax: 732-886-2851  
Email: [eferrari@piners.org](mailto:eferrari@piners.org)

**The International MOMS (Moms Offering Moms Support) Club**

Our #1 purpose is to form a network of support groups for at-home mothers, so the International MOMS Club provides a lot of support and guidance for its chapters. We are a support group designed just for you, the at-home mother of today! You are interested in the world around you, want a variety of activities for you and your children, and are proud of your choice of at-home mothering for your families! We know, because we're at-home mothers, too!

Email: [momsclub@aol.com](mailto:momsclub@aol.com)  
Website: Local chapters can be located searching online at [www.momsclub.org](http://www.momsclub.org)

**Jackson Women of Today, Inc.**

The JWOT is a non-profit volunteer organization providing leadership training for women of all ages. The Jackson Women started and continue to run the Jackson Food Pantry, which provides food assistance to the community, in addition to scholarships, and participating in other community projects. The Jackson Women of Today is one of many chapters in the national organization The Women of Today.

President: Diane Stanaway  
Address: P.O. Box 1042, Jackson, NJ 08527  
Telephone: 732-833-6800

**Ladies Auxiliary, Volunteer Fire Companies**

The ladies auxiliary supports the Fire Company and local community through fundraising efforts. The auxiliary is ready to help whenever there are fires by providing food and supplies to firemen.

**Barnegat Fire Company**

The ladies meet every month. Open charter group.

President: Patricia Tansley  
Address: 809 West Bay Avenue, Barnegat, NJ 08005  
Telephone: 609-698-2850  
Website: [www.station11.org](http://www.station11.org)

**Island Heights Volunteer Fire Company No. 1**

Regular events, such as bingo, dances, and fire prevention classes are held to support the cause. The ladies are also very active in the Ladies Auxiliary of the Ocean County Auxiliary of the New Jersey State Fireman's Association. Any women in close proximity to Island Heights can join.

President: Sue Dowdrick

Address: 277 Summit Ave, P.O. Box 77, Island Heights, NJ 08732

Telephone: 732-270-6415 (Borough Hall)

**Stafford Township Volunteer Fire Company #1**

Address: c/o Stafford Fire Station #1

133 Stafford Avenue, Manahawkin, NJ 08050

Telephone: 609-597-2138

**Ladies Auxiliary to the Veterans of Foreign Wars of the United States Post 9503**

"The Ladies Auxiliary provides support and assistance to the VFW. Wives, widows, mothers, foster and stepmothers (who have performed the duties of parent), grandmothers, daughters, granddaughters, foster and stepdaughters (who attained that status prior to the age of sixteen and for whom the duties of parent were performed), sisters, half sisters, foster and stepsisters (who attained that status prior to age sixteen) of persons who were or are eligible for membership in the Veterans of Foreign Wars of the United States. Members must be citizens of the United States and not less than sixteen years old.

Women eligible for membership in the Veterans of Foreign Wars of the United States shall be eligible for dual membership in the Ladies Auxiliary."

President: Kathy Marshall

VFW Post 9503, 383 Veterans Boulevard, Bayville, NJ 08721

Telephone: 732-244-3550

Website: [www.ladiesauxvfw.com](http://www.ladiesauxvfw.com) (National)

National Headquarters, Ladies Auxiliary to the Veterans of Foreign Wars of the United States, 406 West 34th Street, Kansas City, Missouri 64111

Telephone 816-561-8655, Fax 816-931-4753

Email: [info@ladiesauxvfw.com](mailto:info@ladiesauxvfw.com)

**Ladies Senior Citizens of Berkeley Township**

This social club for older senior women takes trips and holds fundraisers to benefit a variety of causes. Meetings: 11 a.m. to 3 p.m. on the 1st and 3rd Thursday of each month at the Berkeley Township Recreation Center, 630 US Highway No. 9, Bayville.

President: Barbara Bialy

Address: 630 US Highway No. 9, Bayville, NJ 08721

Telephone: 732-240-7483

### **La Leche League**

To help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.

#### **Bricktown**

Group Leaders: Stephanie LaFrenier and Teri Warner  
Telephone: Stephanie 732-920-4344, Teri 732-600-3892  
Email: Stephanie [chefsteph596@comcast.net](mailto:chefsteph596@comcast.net)  
Website: [www.llusa.org/web/BricktownNJ.html](http://www.llusa.org/web/BricktownNJ.html)

#### **Toms River**

Group Leader: Sue Hudler, Toms River AM Group (No PM group)  
Website: [www.lalecheleague.org](http://www.lalecheleague.org)

### **League of Women Voters of Ocean County**

A nonprofit, nonpartisan organization whose purpose is to promote political responsibility through informed and active participation of citizens in government.

President: Gail Marsh Saxer  
Address: 3 Charlotteville Drive, South Toms River, NJ 08757  
Telephone: 732-914-0154  
Email: [gmsaxer@comcast.net](mailto:gmsaxer@comcast.net)  
Website: [www.lwvnj.org](http://www.lwvnj.org)

### **Mirage Women's Club**

A Non-profit organization that contributes funds to the less fortunate in the local area.

President: Gloria Prokap  
Address: 85 Pondview Circle, Barnegat, NJ 08005  
Telephone: 609-660-2018

### **MOPS – Mothers of Preschoolers**

A dynamic program designed to nurture mothers with children from infancy through kindergarten. MOPS is a relevant and caring network, making moms better through trusted resources and relationships.

Address: c/o Manahawkin Baptist Church  
400 Beach Avenue, Manahawkin, NJ 08050  
Telephone: 609-597-7586

### **The Mother's Center of the Jersey Shore**

They offer members many low cost or no cost activities for children and moms alike such as craft and story time, park days, and play groups. Among other activities they have also picked fruit, visited farms and beaches, toured local businesses and visited numerous museums. All year round they donate to local non-profit groups of which children and

families will benefit. The Mothers' Center offers a support network in which mothers have the opportunity to develop lasting friendships.

Address: MCJS, P.O. Box 3936, Brick, NJ 08723

Telephone: 732-449-3936

Website: [www.mcjs.org](http://www.mcjs.org)

**New Jersey Association of Women Business Owners, Monmouth/Ocean Chapter**

NJAWBO is the largest statewide women business owners' organization in the United States. Its primary objective is to support and encourage business ownership by women. For 27 years, NJAWBO has helped women achieve their business visions by providing them with the tools to develop and grow their enterprises. Network, partnering, leadership, education and political advocacy are the hallmarks of the NJAWBO experience.

President of Monmouth/Ocean Chapter of NJAWBO: Dawn Nakash

Address: P.O.Box 1348, Jackson, NJ 08527-0348

Telephone: 609 799-5101, Fax: 609-799-5141

E-mail: [president@njawbo-monmouth.org](mailto:president@njawbo-monmouth.org)

Chapter Web site: [www.njawbo-monmouth.org](http://www.njawbo-monmouth.org)

Corporate Web site: [www.njawbo.org](http://www.njawbo.org)

**New Jersey Coalition on Women and Disabilities, Inc.**

To educate and disseminate information on issues that impact women and men with disabilities.

President: Ruth Stack

Vice President: Margie Grueninger

Address: 1471 Toms River Road, Jackson, NJ 08527

Telephone: 732-678-5226

Fax: 732-678-5226 (Note: Must call before faxing)

**Ocean Bay Needle Arts**

Members do different forms of embroidery. Meetings are held the third Thursday of the month at Tip Seaman Park in Tuckerton.

Leader of Stitching: Roberta Quinn

Address: 2048 Crestwood Drive, Forked River, NJ 08731

Telephone: 609-971-1542

**Ocean County Advisory Commission on the Status of Women**

The Commission's role in Ocean County includes providing the women of Ocean County and their families with both a network and a voice through information and awareness, collaboration, and advocacy. Activities include an information and referral service, educational publications, and awareness programs.

Director: Janice Kovach  
Address: P.O. Box 801, Trenton, NJ 08625-0801  
Telephone: 609-292-8840  
Email: [njacs@dca.state.nj.us](mailto:njacsw@dca.state.nj.us)  
Website: [www.co.ocean.nj.us/ocdhs/index.html](http://www.co.ocean.nj.us/ocdhs/index.html)

### **Ocean County College Women's Network**

We are an organization designed for women, as a support group, to help students cope with the transition of returning to school.

The Women's Network offers information on:

- Networking opportunities
- Support on subjects such as counseling, scheduling and health issues.
- Special events on various women's issues.

We promote and encourage leadership to assist students as they prepare for their future. We actively take pride in our academic community service, via campus and community events. Our main purpose is to help one another and enhance the personal and educational experience at OCC.

Advisor of the Women's Network: Dr. Mary Ellen T. Carr  
Address: P.O. Box 2001 College Drive, Toms River, NJ 08754  
Telephone: 732-255-0400 x2363  
Website: [www.ocean.edu](http://www.ocean.edu)  
Website for Student Life: [www.ocean.edu/studentlife/index.htm](http://www.ocean.edu/studentlife/index.htm)

### **Ocean County Library**

Offering resources to women on a wide range of issues and topics through reference help and online, database, and directory resources. Access the library's web site to find branch hours, locations, programs & events, search for books, magazines, newspapers, live online help, book clubs, computer classes, story times, and much more. Visit the library at the location near you.

Director: Elaine McConnell  
Assistant Director of Public Services: Valerie Bell  
Website: [www.theoceancountylibrary.org](http://www.theoceancountylibrary.org)

The Ocean County Library has 21 locations to meet your needs:

Toms River Branch  
101 Washington Street  
Toms River, NJ 08753  
Phone: (732) 349-6200  
Fax: (732) 349-0478  
Hours: Monday - Thursday 9-9  
Friday & Saturday 9-5,  
Sunday 1-5 (September - May)

Barnegat Branch  
112 Burr Street  
Barnegat, NJ 08005  
Phone: (609) 698-3331  
Fax: (609) 698-9592  
Hours: Monday, Friday & Saturday  
10-5, Tuesday - Thursday 10-9

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Bay Head Reading Center  
136 Meadow Avenue  
Bay Head, NJ 08742  
Phone: (732) 892-0662  
Hours: Monday & Wednesday  
1-5, Tuesday & Saturday 10-1,  
Thursday 1-5 & 7-9, Friday Closed

Berkeley Branch  
30 Station Road  
Bayville, NJ 08721  
Phone: (732) 269-2144  
Fax: (732) 237-2955  
Hours: Monday - Thursday 9-9,  
Friday & Saturday 9-5

Island Heights Branch  
P.O. Box 1127  
121 Central Avenue  
Island Heights, NJ 08732  
Phone: (732) 270-6266  
Fax: (732) 270-0308  
Hours: Monday 1-9, Tuesday &  
Thursday 10-5, Wednesday &  
Saturday 10-1, Friday 1-5

Lacey Branch  
10 East Lacey Road  
Forked River, NJ 08731  
Phone: (609) 693-8566  
Fax: (609) 971-8973  
Hours: Monday - Thursday 9-9,  
Friday & Saturday 9-5

Little Egg Harbor Branch  
290 Mathistown Road  
Little Egg Harbor, NJ 08087  
Phone: (609) 294-1197  
Fax: (609) 294-1302  
Hours: Monday, Friday & Saturday  
10-5, Tuesday - Thursday 10-9

Beachwood Branch  
126 Beachwood Blvd.  
Beachwood, NJ 08722  
Phone: (732) 244-4573  
Fax: (732) 736-1025  
Hours: Monday 1-9, Tuesday &  
Friday 1-5, Wednesday & Thursday  
10-5, Saturday 10-1

Brick Branch  
301 Chambers Bridge Road  
Brick, NJ 08723  
Phone: (732) 477-4513  
Fax: (732) 920-9314  
Hours: Monday - Thursday 9-9,  
Friday & Saturday 9-5

Jackson Branch  
2 Jackson Drive  
Jackson, NJ 08527  
Phone: (732) 928-4400  
Fax: (732) 833-0615  
Hours: Monday - Thursday 9-9,  
Friday & Saturday 9-5

Lakewood Branch  
301 Lexington Avenue  
Lakewood, NJ 08701  
Phone: (732) 363-1435  
Fax: (732) 363-1438  
Hours: Monday - Thursday 9-9,  
Friday & Saturday 9-5, Sunday  
1-5 (September - May)

Long Beach Island Branch  
217 S. Central Avenue  
Surf City, NJ 08008  
Phone: (609) 494-2480  
Fax: (609) 494-7850  
Hours: Monday, Wednesday 9-9,  
Tuesday, Thursday - Saturday 9-5

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Manchester Branch  
21 Colonial Drive  
Manchester, NJ 08759  
Phone: (732) 657-7600  
Fax: (732) 323-9246  
Hours: Monday - Thursday 9-9,  
Friday & Saturday 9-5

Plumsted  
119 Evergreen Road  
New Egypt, NJ 08533  
Phone: (609) 758-7888  
Fax: (609) 758-6997  
Hours: Monday & Wednesday 1-9,  
Tuesday & Friday 10-5,  
Thursday 1-5, Saturday 10-1

Pt. Pleasant Beach Branch  
710 McLean Avenue  
Pt. Pleasant Beach, NJ 08742  
Phone: (732) 892-4575  
Fax: (732) 701-1941  
Hours: Monday, Wednesday &  
Thursday 10-5, Tuesday 1-9,  
Friday 1-5, Saturday 10-1

Pt. Pleasant Boro Branch  
834 Beaver Dam Road  
Pt. Pleasant, NJ 08742  
Phone: (732) 295-1555  
Fax: (732) 714-1578  
Hours: Monday, Wednesday &  
Thursday 10-9, Tuesday, Friday  
& Saturday 10-5

Stafford Branch  
129 N. Main Street  
Manahawkin, NJ 08050  
Phone: (609) 597-3381  
Fax: (609) 978-0770  
Hours: Monday, Wednesday, &  
Thursday 9-9, Tuesday, Friday,  
& Saturday 9-5  
Sunday 1-5 (September-May)

Tuckerton  
380 Bay Avenue  
Tuckerton, NJ 08087  
Phone: (609) 296-1470  
Fax: (609) 296-6487  
Hours: Monday 1-9, Wednesday  
& Friday 1-5, Tuesday &  
Thursday 10-5, Saturday 10-1

Upper Shores Branch  
112 Jersey City Avenue  
Lavallette, NJ 08735  
Phone: (732) 793-3996  
Fax: (732) 793-4942  
Hours: Monday, Thursday & Friday  
10-5, Tuesday & Wednesday 10-9,  
Saturday 10-1

Waretown Branch  
112 Main Street  
Waretown, NJ 08758  
Phone: (609) 693-5133  
Fax: (609) 242-8784  
Hours: Monday 1-9, Wednesday &  
Friday 1-5, Tuesday & Thursday  
10-5, Saturday 10-1

Whiting Reading Center  
Whiting Commons Shopping Center  
Store #5, Route 530  
Whiting, NJ 08759  
Phone: (732) 849-0391  
Fax: 732-849-0283  
Hours: Monday 9-7, Tuesday & Thursday 9-5, Wednesday, Friday, Saturday 9-1

### **Ocean County Mothers of Twins**

Support group for mothers of twins

Contact: Sue Norton

Address: 2 Millen Drive, Toms River, NJ 08753

Telephone: 732-505-4329

Email: [oceanmotc@njatmc.org](mailto:oceanmotc@njatmc.org)

### **P.E.O. Sisterhood – New Jersey Chapter**

P.E.O. Sisterhood takes an active role in the promotion of global educational opportunities for women including loans, scholarships and continuing education..

Website: [www.njpeo.org](http://www.njpeo.org) (NJ Chapter)

[www.peointernational.org](http://www.peointernational.org) (international)

### **Pieceful Shores Quilters Guild**

Members share knowledge and appreciation of quilts. Meets 3rd Wednesday of the month at the Long Beach Township Municipal Building from 1-4 pm and the 4th Thursday of every month at the Stafford Community Center. Please check local newspapers for meeting schedule changes. Meetings include guest speakers, workshops and programs. The Guild also contributes to charities and special events, and their own project, "Kids Kwilts".

PM President: Norma Paz, 609-607-9946

AM President: Carol Devine, 609-597-6432

Address: P.O. Box 351, Manahawkin, NJ 08050

Website: [www.piecefulshoresquiltguild.org](http://www.piecefulshoresquiltguild.org)

### **Pineneedlers Crochet**

Crochet guild that meets at Lakewood High School commons the 3<sup>rd</sup> Thursday of every month.

President: Carol Ann Marks

Address: 655 Princeton Avenue, Lakewood, NJ 08701

Telephone: 732-905-3685

### **Providence House of Ocean County**

- Domestic Abuse Services
- emergency safe house
- education on domestic abuse
- advocacy and support in the courts
- information and referral assistance
- assistance in accessing financial resources
- assistance in locating housing
- individual and group counseling
- information on safety planning
- special program for seniors
- assistance in employment
- 24 hour hotline

Service Director: Jean Metz

Address: Outreach Office – 88 Schoolhouse Road, Whiting, NJ 08759

Mailing address: P.O. Box 414, Whiting, NJ 08759

Telephone: Hotline – 732-244-8259; within the 609 area code: 800-246-8910,  
Outreach Office: 732-350-2120  
Fax: 732-350-2725

### **The Red Hat Society**

The Red Hat Society is a women's movement changing the perception of aging women in the United States and around the world. This growing organization of women is uniting under the umbrella of a Red Hat to have fun and bond in sisterhood as they travel through life together.

Address: 431 South Acacia Ave, Fullerton, CA 92831  
Telephone: 714-738-0001 (Headquarters located in Southern California).  
Please call Mon. - Fri. between 8am and 5pm Pacific Standard Time.  
Email: [info@redhatsociety.com](mailto:info@redhatsociety.com)  
Local chapters can be located by searching online at [www.redhatsociety.com](http://www.redhatsociety.com)

### **The Regional Perinatal Consortium of Monmouth and Ocean Counties, Inc.**

The Regional Perinatal Consortium of Monmouth and Ocean Counties, Inc. is committed to improving the health of pregnant women and children in Monmouth and Ocean Counties. This shall be accomplished through the collaborative efforts of Regional Perinatal Centers, hospitals, health care providers, community organizations, governmental agencies, consumers and consumer advocacy organizations.

Executive Director: Laurie Sigalos  
Address: 725 Airport Road, Lakewood, NJ 08701  
Telephone: 732-363-5400, Voice Mail: 732-363-7579  
Fax: 732-363-5554  
Email: [lsigalos@rpcmoc.com](mailto:lsigalos@rpcmoc.com)  
Website: [www.rpcmoc.com](http://www.rpcmoc.com)

### **Senior Golden Blossoms**

The Senior Golden Blossoms are located in South Toms River area and consist of senior and younger women. These women are committed to making a tangible difference in their community through food and clothing distribution, information and referral services to those in need. Meetings are held the first Monday of the month at 12 noon at the Berkeley Head Start Building.

President: Eunice Grant  
Address: 32 Second Avenue, South Toms River, NJ 08757  
Telephone: 732-341-1825

### **Soroptimist International**

Soroptimist International is an international volunteer organization for business and professional women who work to improve the lives of women and girls, in local communities and throughout the world. In our endeavor to recognize the women of Ocean County, we have entered into a partnership with Ocean County College in the establishment of the Ocean county Women's Hall of Fame.

Website: [www.soroptimist.org](http://www.soroptimist.org) (National)

**Lakewood**

President: Connie Conlon  
Telephone: 732-330-4186  
Email: [connieconlon@comcast.net](mailto:connieconlon@comcast.net)

**Long Beach Island**

President(s): Carol Beideman [lighthousebi@comcast.net](mailto:lighthousebi@comcast.net)  
Kristen Tomey [Kristen.tomey.pdml@stateform.com](mailto:Kristen.tomey.pdml@stateform.com)  
Phone: 609-492-1239 (membership, Beverly Welling)  
Address: P.O. Box 202, Ship Bottom, NJ 08008  
Local Website: [www.lbinet.com/nonprof/Soroptimist.asp](http://www.lbinet.com/nonprof/Soroptimist.asp)

**Toms River**

Meetings: Fourth Thursday of every month, 5:30 pm; email/call for details  
President: Kathy Bornguesser, (home) 732-240-9401, (work) 732-657-5600 x285  
Alternate contacts: Charlotte Spillane, 732-349-6808,  
Address: P.O. Box 4824, Toms River, NJ 08754-4824  
Email: [soroptimistr@comcast.net](mailto:soroptimistr@comcast.net)

**Special Supplemental Nutrition Program for Women, Infants & Children (WIC)**

The WIC Program is a supplemental nutrition program aimed at changing nutritional habits from pregnancy to children till the age of five years old. Program eligibility is based on income, residency and nutritional risk. Breastfeeding support is provided to all postpartum women. Nutritious supplemental foods are provided to enhance and supplement a participant's daily diet.

Project Director: Meg McCarthy-Klein  
Ocean County Health Department  
Address: 175 Sunset Avenue, Toms River, NJ 08755,  
225 Fourth Street, Lakewood, NJ 08701 (Lakewood Office)  
Telephone: 1-800-342-9738 ext. 7520 (Toms River) ext. 7108 (Lakewood)  
Fax: 732-286-3951  
Email: [megmccarthy@ochd.org](mailto:megmccarthy@ochd.org)  
Website: [www.ochd.org](http://www.ochd.org)

**Whitehouse Family Success Center (previously known as F.A.C.E.S.)**

Family based center open to all. Activities and community room available.

Coordinator: M. Estle Ferrari  
Address: 100 Linden Avenue, Lakewood, NJ 08701  
Telephone: 732-886-3764  
Fax: 732-886-2851  
Email: [eferrari@piners.org](mailto:eferrari@piners.org)

### **Women's Clubs**

Non-profit organizations which raises funds for scholarships and local charities including the local food pantry, Habitat for Humanity, Ronald McDonald House and many more. Provide opportunities for education, leadership training, and community service through participation in local clubs, enabling members to make a difference in the lives of others, one project at a time.

#### **Westlake**

President: Arleen Vaccarino  
Treasurer: Roberta Devine  
Address: 1 Sahalee Court, Jackson, NJ 08527  
Telephone: 732-928-0869

#### **Brick Township**

President: Ms. richetti  
Address: 80 Vanard Drive, Brick, NJ 08723  
Telephone: 732-901-6775

#### **Fawn Lake**

President: Naomi Gerkin  
Address: 98 Ash Road, Manahawkin, NJ 08050  
Telephone: 609-698-8352

#### **Lacey**

Membership Chair: Jill Tuccio  
Address: P.O. Box 777, Forked River, NJ 08731  
Telephone: 609-242-7853

#### **Point Pleasant**

President: Rosemarie House  
Address: 1117 Front Street, Pt. Pleasant Beach, NJ 08742  
Telephone: 732-892-2737

### **Zonta International, Ocean County Area**

A global service organization of executives in business and the professions working together, across political and social boundaries, to advance the status of women worldwide

President: Karen Porcello  
Alternate contact: Kathleen Nugent  
Address: P.O. Box 1495, Toms River, NJ 08754-1495  
Telephone: 908-910-1703  
Email: [zontaoceancounty@zontadistrict3.org](mailto:zontaoceancounty@zontadistrict3.org)  
Website: [www.zonta.org](http://www.zonta.org)

**APPENDIX I: ALPHABETICAL HELP HOTLINES**

**Adoption Information**

1-800-99-ADOPT, 1-800-99-23678

**Board of Social Services – Ocean County**

732-349-1500, Emergency after Hours, 732-240-6100 and 609-693-5834

**Career-Job Help**

1-800-222-1309

**Contact of Ocean County**

732-240-6100 (Crisis/Listening Hotline)

**Financial Aid/Education Hotline**

1-800-792-8670

**Literacy Hotline**

1-800-624-0382

**Medical Assistance & Health Services**

1-800-792-9745

**NJ Cares for Kids (Childcare Assistance)**

1-800-332-9227

**Ocean County Hunger Relief**

732-505-HELP

**Parents Anonymous (Family Helpline)**

1-800-843-5437

**Providence House Domestic Violence Services**

732-244-8259; within the 609 area code: 800-246-8910

**Safe Haven for Infants**

1-877-839-2339

**Teen Pregnancy Hotline**

1-800-THE KIDS, 1-800-843-5437

**Women's Law Project – New Jersey (Attorney Assistance)**

609-394-1506

**Women's Referral Center**

1-800-322-8092