

Tools For Teens and Adults

From the Partnership That Brought You The GangWise Project

O.C. Board of Chosen Freeholders, O.C. Youth Service Commission, O.C. Health Department, S.C. of NJ
Ocean County Probation-Juvenile Supervision, O.C. Library, Municipal Alliance Project, N.J. Governors
Council on Alcoholism & Drug Abuse

Teen Depression, Anxiety & OCD

Dr. Bubrick will discuss treatment of anxiety and depression in teens as well as obsessive-compulsive spectrum disorders and how adults can help with these issues.

Presenter: Dr. Jerome Bubrick is a clinical director of the Child Study Unit of Hackensack University Medical Center and is a leading cognitive behavioral specialist affiliated with NYU Medical Center School of Medicine

5:30-6:00 pm Sign-in & Program Starts Promptly @ 6:00pm

6:00 pm Adults Only w/Dr Bubrick

6:00 pm Teens Only w/Special Film/Speaker/Discussion

"In Our Own Voice: Living with Mental Illness" provided by
NAMI – National Alliance on Mental Illness of New Jersey

Wednesday, March 24th, 2010

Toms River Branch 732-349-6200



Search "oclteen" on Myspace and Facebook!

Details and Info: Registration REQUIRED for all programs: online at www.theoceancountylibrary.org, click on "Program Calendar"; or by calling the hosting branch. All programs are "FREE" and light refreshments will be provided. Teens ages 12 & up are encouraged to attend along with interested adults, parents, educators, clergy & youth workers. For Toms River Programs - Parking is free starting at 6:00 PM on the street and in the Toms River Township Parking Deck.

Professional development certificates provided.

The Ocean County Library is a registered NJ Department of Education Professional Development Provider.



THE OCEAN COUNTY LIBRARY • CONNECTING PEOPLE, BUILDING COMMUNITY

W W W . T H E O C E A N C O U N T Y L I B R A R Y . O R G