



The Deal on Dating Violence - What Teens and Parents Should Know

Teen dating abuse is often dismissed as not that big of a deal and that adolescent relationships tend to be unhealthy. This workshop will address the seriousness of dating abuse and the myths that are associated with it. Teens and parents will learn about the warning signs of dating abuse, and resources available for help.

Presenter: Karen Gillespie Licensed Clinical Alcohol and Drug Counselor working in the fields of addiction & domestic violence as well as coordinating a teen dating abuse program. Karen is currently the Safe Dates Project Manager at Prevention First.

5:30-6:00pm Sign-in | Program Starts Promptly @ 6:00pm
6:00 pm Teens Only w/Karen Gillespie & 7:00 pm Adults Only w/ Karen Gillespie

Monday, January 11th, 2010 | Berkeley Branch 732-269-2144
Wednesday, February 17th, 2010 | Toms River Branch 732-349-6200
Wednesday, March 24th, 2010 | Stafford Branch 609-597-3381



From the Partnership That Brought You the Gangwise Project
O.C. Board of Chosen Freeholders, O.C. Youth Service Commission, O.C. Health Department, S.C. of NJ Ocean County Probation-Juvenile Supervision, O.C. Library, Municipal Alliance Project, N.J. Governors Council on Alcoholism & Drug Abuse

Registration REQUIRED for all programs:

Register online at www.theoceancountylibrary.org, click on "Program Calendar" or register by calling the hosting branch.

All programs are "**FREE**" and light refreshments will be provided.

Teens ages 12 & up are encouraged to attend along with interested adults, parents, educators, clergy & youth workers.

Toms River Programs - Parking free starting 6:00 PM on the street and in the Toms River Township Parking Deck.

Professional Development Certificates Provided. Ocean County Library is a registered NJ Department of Education Professional Development Provider.



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Real Life Issues Affecting Teens Today

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Workshops for both teens and adults.



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Triple A - Adolescents, Anger and Addiction

This workshop will explore the link between these 3 focusing on the risk factors that trigger anger as a response and addiction as a solution when there is no understanding of the feelings underlying the anger and the lack of life skills to reduce the risk of addiction.

Presenter: Fran Miceli, 30+ yrs experience in counseling/administration at NJ DHS Division of Addiction Services, Instructor at New Jersey City University, Rutgers University & Brookdale Community College

Teens from New Hope Foundation will discuss their personal experiences with the disease of addiction w/ teens

5:30-6:00 pm Sign-in & Program Starts Promptly @ 6:00pm
6:00 pm Adults Only w/Ms Miceli & 6:00 pm Teens Only w/New Hope Group

Thursday, February 11th, 2010 | Little Egg Harbor Branch | 609-294-1197



How to Raise a Drug Free Kid: The Straight Dope for Parents

Teens say that drugs and alcohol are the number one problem teens face today and parents say their worst nightmare is their child getting hooked on alcohol or drugs. This speaker will give you the tools to prepare your daughter or son for that moment of decision when a friend, a classmate, or a group at a party offers them a drink, a joint, a snort, or a pill to get high.

www.straightdopeforparents.org

The first 250 adults to register & attend the program will receive a "free" copy of the book.

Presenter: Joseph A. Califano, Jr. is founder and chairman of The National Center on Addiction and Substance Abuse at Columbia University. Mr. Califano has held various United States government positions and served from 1977 to 1979 as U.S. Secretary of Health, Education, and Welfare, where he launched the nation's anti-smoking campaign. As well as an author, he has been a faculty member at Columbia University, a member of the Institute of Medicine of the National Academy of Sciences and currently serves on the boards for several profit and non profit organizations.

5:30-6:00 pm Sign-in & Program Starts Promptly @ 6:00pm
6:00 pm Adults Only with Joseph Califano in Mancini Hall – TR
6:00pm Teen Session in Hometown Dairy

Monday, March 8th, 2010 | Toms River Branch 732-349-6200

Search "OCL Teen" on Myspace & Facebook



Teen Depression, Anxiety & OCD

Dr Bubrick will discuss treatment of anxiety and depression in teens as well as obsessive-compulsive spectrum disorders and how adults can help with these issues.

Presenter: Dr. Jerome Bubrick is a clinical director of the Child Study Unit of Hackensack University Medical Center and is a leading cognitive behavioral specialist affiliated with NYU Medical Center School of Medicine

5:30-6:00 pm Sign-in & Program Starts Promptly @ 6:00pm
6:00 pm Adults Only w/Dr Bubrick & 6:00 pm Teens Only w/Special Film/

Speaker/Discussion "In Our Own Voice: Living with Mental Illness" provided by NAMI – National Alliance on Mental Illness of New Jersey.

Wednesday, March 24th, 2010 | Toms River Branch 732-349-6200



Cyber-Consequences: Protect Yourself & Your Future

This workshop will cover the legal and personal consequences (college, employment, etc.) resulting from posting personal information/pictures on MySpace/Facebook/Web. Also covered will be inappropriate cell phone photo text messaging.

Presenter: Dr. Paula Rodriguez-Rust, Sociologist and member of the N.J. Special Task Force on Bullying, Cyberbullying Awareness and Prevention. Dr. Rust lectures internationally, has appeared on 20/20 and been quoted in many publications including Newsweek. www.spectrumdiversity.com

5:30-6:00 pm Sign-in & Program Starts Promptly @ 6:00pm
6:00- 8:00 pm Teens & Adults w/Dr Rust

Monda, February 1st, 2010 | Lakewood Branch 732-363-1435
Thursday, February 18th, 2010 | Point Boro Branch 732-295-1555
Wednesday, February 24th, 2010 | Toms River Branch 732-349-6200
Tuesday, March 23rd, 2010 | Barnegat Branch 609-698-3331



Bullying and Girl Cliques

This workshop will focus on defining the roles of bullying:the bully, the victim and the witness(secondary victim) with specific strategies in working with each of the roles. An additional emphasis will be on identifying the 7 roles in a girls clique how to survive and cope.

Presenter: Fran Miceli, 30+ yrs experience in counseling/administration at NJ DHS Division of Addiction Services, Instructor at New Jersey City University, Rutgers University & Brookdale Community College

5:30-6:00pm Sign-in | Program Starts Promptly @ 6:00pm
6:00 pm Teens Only w/Ms. Miceli & 7:00 pm Adults Only w/Ms Miceli

Thursday, January 21st, 2010 | Lacey Branch 609-693-8566
Thursday, January 28th, 2010 | Jackson Branch 732-928-4400