



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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Susan Quinn, Director

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PRESS RELEASE

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Various Programs Coming to Jackson Library

JACKSON – The Jackson Branch of the Ocean County Library will host a variety of programs throughout the month of March.

- “Traveling Armchair Series: Vietnam” 10:30 a.m. Friday, Mar. 15. This documentary will let you explore Vietnam without leaving the library. The film is also available on the Access Video on Demand Database, available through the Ocean County Library.
- “Gentle Yoga” 6:30 p.m. Tuesday, Mar. 19. Exercise body, mind, and spirit with a gentle yoga class. Comfortable clothing is required. Participants may bring their own yoga mat. Light refreshments will be provided after class. This program is sponsored by the Jackson Friends of the Library.
- “Brain Joggers” 10:30 a.m. Monday, Mar. 25. Exercise your mind by playing games and working puzzles.
- “Path to Employment – Starting Your Job Search” 2 p.m. Tuesday, Mar. 26. This is an in-depth discussion of the emotional impact of job loss, setting effective career goals, traditional work search methods, and how to develop job search plans. This program is funded by the New Jersey Department of Labor and Workforce Career Connections grant.

The branch is located at 2 Jackson Drive.

Registration is required for these free programs. To register, call the branch at 732-928-4400 or visit theoceancountylibrary.org/events.