



Where are you on your journey? Resources for Autistic Children

APPS

This list contains a selection of the “**Best Autism Apps,**” according to Autism Parenting Magazine (October 2023). They are free to download, although they may include in-app purchases.

Alko & Egor: Animation 4 Autism (*Apple and Android*) – Uses simplified animations and interactive characters to teach. Best watched with caregivers.

Otsimo – Special Education (*Apple and Android*) – Teaches letters, numbers, colors, animals, and more.

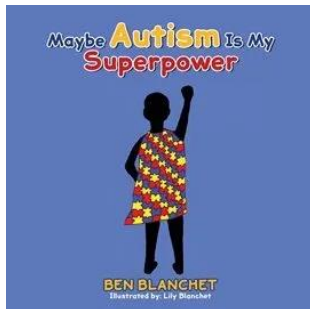
Daniel Tiger for Parents (*Apple and Android*) – Develops skills such as sharing, trying new foods, and coping with emotions.

Magic Fluids Lite (*Apple and Android*) – Promotes calming and relaxation by allowing users to create a dynamic wallpaper.

Avez LITE – AAC App for Autism (*Apple and Android*) – Provides assistance for those who struggle to interact with others. It can create a Picture Exchange Communication System (PECS).

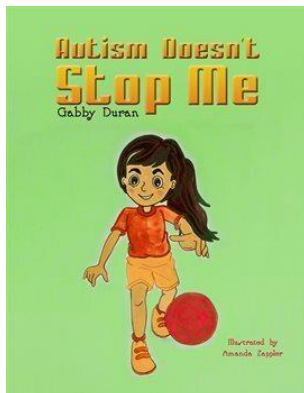
EBOOKS AND AUDIOBOOKS AVAILABLE THROUGH HOOPLA

Hoopla is an app that can be downloaded onto a tablet or smartphone. It's compatible with Apple, Android (6.0+), and Kindle Fire devices. You must have an Ocean County Library Card, and less than \$25 in fines, to use **hoopla**.



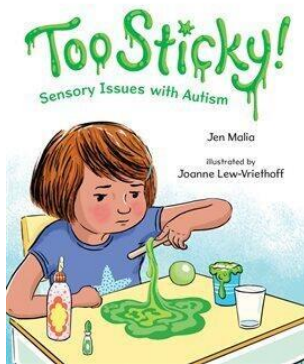
Maybe Autism is My Superpower by Ben Blanchet

After seeing a superhero movie, Ben Blanchet, a thirteen-year-old boy who has autism, claims that maybe autism is his superpower. This book details a fascinating conversation between Ben and his mom.



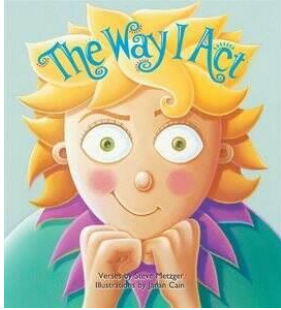
Autism Doesn't Stop Me by Gabby Duran

Gabby knows how hard it is to be different from others in the school. She was told she was autistic, and she felt very alone. But things got better for her and it will get better for you too!



Too Sticky! by Jen Malia

Holly has sensory issues because of her autism and doesn't like anything sticky! With help from family and her teacher, Holly receives the accommodations and encouragement she needs to give making slime a try.



The Way I Act by Steve Metzger

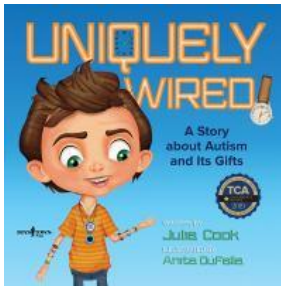
This book explores thirteen ways of behaving. The friendly verses and bold illustrations convey many positive ideas of how to act in a variety of situations. This book is ideal for children with autism.



Good Different (audiobook) – by Meg Eden Kuyett

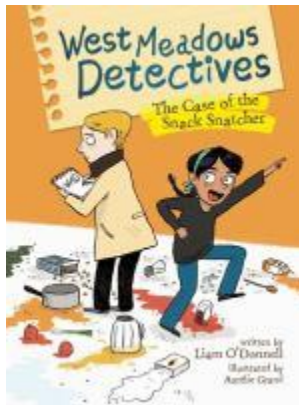
This book is about a neurodivergent girl who comes to understand and celebrate her difference. Selah knows her rules for being normal. She always, always sticks to them. Until the day she explodes and hits a fellow student.

BOOKS AVAILABLE AT THE OCEAN COUNTY LIBRARY



Uniquely Wired: A Story About Autism and Its Gifts by Julia Cook.
E Cook.

Zak has autism, so he sometimes responds to the world around him in unconventional ways. As he describes his point of view, young readers gain a better understanding of his behaviors and learn valuable lessons about patience, tolerance, and understanding.



West Meadows Detectives: The Case of the Snack Snatcher
by *Liam O'Donnell*. JM Odon.

Meet Myron: a third-grade detective who loves logic, facts, and solving mysteries. When the school kitchen is burgled, Myron gets his chance to crack the case with help from his classmates from Resource Room 15. Myron's unique perspective from the autism spectrum makes him a top-notch sleuth.



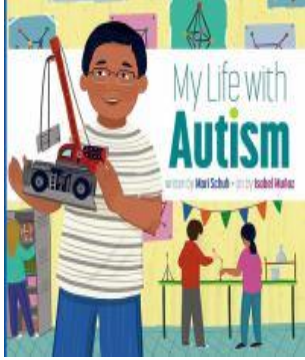
My Life Beyond Autism: A Mayo Clinic Patient Story by *Hey Gee*.
J 616.85882 Gee.

Tracy likes to draw, make movies, and play, just like other kids. She also has autism processing disorder. Over time, she's learned tricks for communicating and coping when things are hard for her.



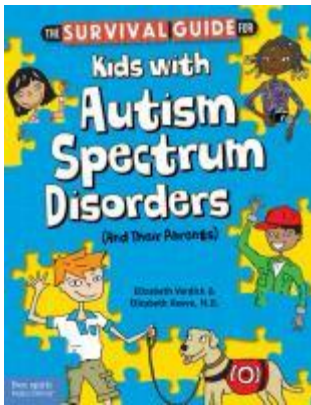
Asperger's Rules! How to Make Sense of School and Friends
by *Blythe N. Grossberg*. J 618.92858 Gros.

Offers guidance to young people with Asperger's syndrome by explaining how to understand and communicate with their peers and teachers, standing up for and taking care of themselves, setting realistic goals, and making friends.



My Life with Autism by *Mari C. Schuh*. J 618.92 Schu

Meet Zen! He loves to draw and play video games. He also has autism. Learn about his life in this illustrated narrative nonfiction picture book for elementary students.



The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) by *Elizabeth Verdick and Elizabeth Reeve*. J 618.92858 Verd.

This positive, straightforward book offers kids with autism their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Meant to be read with a parent.