

Managing Your Child's Behavior

2023 Virtual & In-Person Workshops for Parents



Need Help Managing Your Child's Behavior?

This parent workshop was developed by the child psychologists at **Children's Specialized Hospital** to help parents of children ages 2-10 years learn how to manage their behavior.

In-Person Workshops
Wednesdays from 7-8:30 PM
2840 Morris Ave, Union, NJ 07083

1

January 25 -
March 8

2

March 22 -
July 5

3

May 24 -
August 30

4

July 12 -
October 25

5

September 6 -
December 20

Each Seven-Part Course will Cover:

- Causes of misbehavior
- Setting limits and dealing with tantrums
- Managing sibling conflicts
- Developing and implementing behavioral systems
- Parent stress management, self-care, and support system

Virtual Workshops
Mondays from 6:30-8:30 PM

1

February 6 -
April 3

2

April 17 -
June 5

3

June 12 -
July 24

4

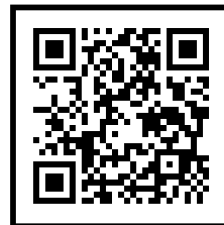
August 8 -
November 16

5

November 30 -
January 29

IMPORTANT:

- Participants should select **1 cycle** and attend **all classes** in that cycle.
- **Cost is \$99.** This fee may be covered by the CSH Benefit Fund.
- Registration and prepayment are required at least 24 hours prior to the first session.
- Registration will be available on the website ~5 weeks prior to the start date.
- Dates and times are subject to change.



Scan or click the QR code to find a session

This program was developed by psychotherapists at Children's Specialized Hospital to help parents of children ages 2-10 years learn how to manage their behavior. Participants should select **one** of the sessions above and attend **all** of the classes in that cycle to get the most out of this program. This program is **free**, but **registration is required**. Please see website for exact dates, details, and availability. Registration opens approximately 5 weeks prior to the start date of each session.

Dates and times are subject to change. [Click here to find a session and register.](#)

Transitional Services for Autistic Adolescents & Young Adults

The Occupational Therapy department at Children's Specialized Hospital has partnered with *New Jersey Autism Center of Excellence (NJACE)* to develop independent living skills among autistic adolescents and young adults.

The program will provide client-centered, group-based interventions for autistic adolescents and address parent needs through education.

The Autism Transition Project will address:

- Self-advocacy
- Self-care
- Home management
- Work
- Leisure

Our goal is to increase competitive employment, independent or support living, and promote secondary education to improve quality of life for the autistic population and their families.

Eligibility

- Autistic adolescents, between the ages of 14-21
- Parents or guardians of autistic adolescents or adults

What to Expect

Prior to the start of the program, autistic adolescents will need to participate in an evaluation to set client-centered goals and assess current skills in transition areas.



Disabled people are at increased safety risk in varied aspects of daily life and many are disabled as a result of injury. Yet, most do not have access to effective safety education and resources to reduce risk and harm and are often ignored in public safety plans and in safety-related data.

To address this need, Children's Specialized Hospital partnered with disabled advocates and community organizations to develop Living Safely with Disabilities and Special Health Needs. As part of this program, we are eager to reveal the **Online Center for Safety**. Here you will find accessible and inclusive resources, safety tools, guidance documents, public service announcements, and other materials to support the interests and safety needs of people with disabilities.

Access the Online Center for Safety at rwbh.org/cshlivingsafely. The safety materials are available in multiple formats to support multiple learning styles. Each is translated in Spanish. Safety stakeholders, educators, health care providers, and family members now have a wide array of resources to use in various methods.

We value the expertise of our community partners who have demonstrated their commitment to safety. This initiative was funded in part by an Inclusive Healthy Communities Grant from the Division of Disability Services, New Jersey Department of Human Services.

Please contact us for more information and to discuss potential collaboration.
livingsafely@childrens-specialized.org.